

What Nutrition Care Is, What We Will Do, and How To Communicate With Me

- 1) Type of Care: Nutrition care is a process defined by the Academy of Nutrition and Dietetics as:
- a) assessment of a nutrition problem by a licensed nutrition professional
 - b) diagnosis of the nutrition problem by a licensed nutrition professional
 - c) intervention and treatment for the nutrition problem that is provided by a licensed nutrition professional
 - d) monitoring of the intervention by comparing progress to baseline and evidenced based standards in clinical nutrition.

Your child will undergo a nutrition care process following the steps above. Judy Converse uses this process, and incorporates functional/integrative tools. How long this takes depends on your child's status at start of care, and your compliance with the nutrition care plan you are given. Children with autism, sensory integration disorder, psychiatric or mood disorders, growth impairments, feeding tubes, long term use of reflux medicines or laxatives, or medically involved problems may take many months to undergo a nutrition care process, or may have an ongoing process that takes years. Other children with simpler presentations may need only one or two visits. Plan on follow up and monitoring with two to six visits, spaced four to six weeks apart, to achieve goals identified at first visit.

2) Type of Provider: Judy Converse is a licensed registered dietitian with graduate and undergraduate degrees in nutrition from accredited university programs. She is not an MD and is not a substitute for medical care. Judy cannot prescribe medications. Judy can authorize some lab tests relating to nutrition care. Judy is not responsible for care provided by other providers and cannot direct their choices for care.

3) Professional Licensure: There is no licensure for nutrition professionals in the state of Colorado. Judy's license is maintained in Massachusetts, her home state. 44 states require a license to practice nutrition, to assure standards of care. Judy also maintains registration status with the Academy of Nutrition and Dietetics, which requires ongoing accredited professional continuing education.

4) You agree to inform your child's MD providers on nutrition care process. Judy is not responsible for communicating with your child's other providers, unless this is requested and permitted in writing. Communication with your child's providers is billable time, including letters, phone conversations, faxing of plans and records, or e mail.

5) Care Plans: You will receive a written care plan at each encounter, which you agree to execute in as timely a fashion as is reasonable, for the best possible outcome. Each measure in a care plan has been chosen for your child, based on standards and evidence-base in infant/child/adolescent nutrition. The care plan you receive is individualized for your child. Judy is not responsible for abandoned care plans, substitutions, or alterations made to care plans by other providers or parents.

6) Communication: Judy communicates via e mail and phone. Judy does not correspond to clients via text, facebook, or social media platforms. Typically, voice messages are returned within 48 hours and e mail within 72 hours.

7) Judy is not an on-call emergency provider. You agree to contact your child's primary care MD or go to emergency room in event of emergency. Here are our agreed upon expectations regarding communication:

- When problems occur in executing a care plan, you agree to leave a phone message or e mail for further instruction. Problems can include, but are not limited to, unexpected reaction to care by the child; difficulty administering a supplement to a child; refusal to accept new foods.
- You agree to inform Judy when problems occur.
- When using e mail, if no reply has been received after five days, you agree to make reasonable effort to contact Judy by leaving a phone message.
- E mail and voice messages are dropped/lost by mail servers and phone voice mail on occasion. Judy is not responsible for e mails or messages never received. You agree to make reasonable effort to contact Judy by phone if e mail messages are not responded to.
- Phone conversations beyond 10 minutes are billable.
- E mail conversations that do not resolve a question or concern within two replies from Judy may require a scheduled consult or follow up.
- Judy will not respond to text messages.
- Your child's care plans can be e mailed to you as pdf files, faxed, or mailed through postal service, per your preference.

7) Appointments: 24 hour notice is required for cancellations. No show appointments and no show phone consultations are billed in full, when lacking just cause.

8) Payment: Judy Converse does not bill insurance, submit claims, research claims or service history, track claims, or correspond with your health insurer. A coded statement of nutrition service can be provided at your appointment time on request. Judy does not provide these retroactively.

- Payment in full for service rendered is required at time of visit.
- Phone and Skype appointments are payable via credit card, PayPal, or HSA card.
- In person appointments are payable via credit card, HSA card, PayPal, or check.

I have read the Client Provider Agreement and accept its terms. Date: _____

Print Parent/Guardian Name Here _____

Signature _____